

SURGICAL ASSOCIATES P.L.L.C.

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Pre-Procedure Instructions:

LASER TREATMENT FOR VARICOSE VEINS

If you have been scheduled for an endovascular ablation treatment of your varicose veins we will have scheduled three appointments for you to facilitate this procedure.

The first appointment is for vascular ultrasound mapping of the specific area to be treated. This takes approximately one hour and is scheduled on the day prior to the procedure.

The ablation therapy is scheduled for the following day. Here are several instructions that are important to follow on the procedure day:

- No solid foods after midnight the night before.
- You may have clear liquids up to four hours prior to your scheduled arrival time.
- Routine medications can be taken as usual. The exception is any blood-thinners for which we will give you specific instructions.
- Wear loose comfortable clothing. You will have a bulky dressing covering your entire leg. Skirts or sweat-pants work well.
- You will be given a sedative during the procedure. You need someone to drive you home, as well as stay with you for several hours after the procedure to assure your safety.

Your followup appointment will include a brief ultrasound of the treated area, as well as a recheck by your physician.

If we are billing your insurance for this procedure, we will make the necessary contacts. Please verify with your insurance company that your benefits and pre-authorization are in order.

PLEASE DO NOT WEAR PERFUME, COLOGNE, AFTERSHAVE OR OTHER FRAGRANT SPRAYS, GELS OR LOTIONS. SOME STAFF AND PATIENTS ARE SENSITIVE OR ALLERGIC TO FRAGRANCES. YOUR EXAM MAY HAVE TO BE RESCHEDULED IF YOU FORGET AND USE A FRAGRANCE. ALSO, NO SMOKING PRIOR TO THE APPOINTMENT.

QUESTIONS OR CONCERNS ABOUT YOUR PROCEDURE?

Please call our office at 360/493-5252.